

Breastfeeding Support: In-person, Online & by phone

**Have questions about
breastfeeding?
There is support available!**

International Breastfeeding Clinic

Partially covered virtual lactation consultations (with valid OHIP card)
Must be referred by a health care provider (ie midwife or doctor).
Lactation consultant fee of \$65 + HST applies.

Client must book appointment directly once referral is received, online booking available. Appt times often received within 24hrs of referral.

ibconline.ca

Ontario Breastfeeding Clinic

Online lactation consultants (video service). OHIP coverage available with a doctor's referral (\$120 per hour without coverage).
Easy online booking, same day appointments available.

Offers subsidized rates, prenatal breastfeeding education classes & urgent online consults

ontariobreastfeeding_clinic.ca

Milkface Lactation Consulting

Online lactation consultants (video service). In-person appointments at 1572 Carling Ave in Ottawa.
Easy online booking.
\$149/ hour initial
\$139/hour followup

Receipt given for private insurance reimbursement where applicable.

milkface.com

Yellowood Nutrition & Breastfeeding

OHIP coverage for most visits that meet the following criteria (video consults):

- mother & baby must be present for virtual consultation
- mother & baby must have a valid & updated OHIP card
- access to a tablet, phone or computer with a camera & good wifi

Yellowood.ca

Bronwyn Wearing, IBCLC

In clinic appts available in Arnprior (Mellow Mama Massage on Monday and Thursday) or Pembroke (Nourish U Wellness Tuesday and Friday)

- Private sessions & community clinics available
- Book online

bronwynibclc.com

Heidi Krebsz, NP

OHIP covered breastfeeding consultation by appointment only.

Located in the Petawawa Centennial Family Health Centre
154 Civic Centre Dr, Petawawa
613-687-7641

pcfhc.ca

Patty Keon, IBCLC

RN & IBCLC at PRH Labour & Birth Unit
available Monday - Friday
8:30am to 5:30pm

By appointment only,
available up to 7 days post birth

613-732-2811 x643