

# *How to page your midwife*

Identify that you are paging Madawaska Valley Midwives

Ask for your coordinating midwife by name

*(no need to know their schedule, when off-call they forward their pages to an on-call midwife)*

Identify if your concern is urgent

*Please use office phone, Monday-Friday for non-urgent concerns.*

Stay off the phone so your midwife can reach you

Urgent concerns are responded to within 15 minutes

What if I don't hear back in 15-20 minutes or can't get through to the paging service?



Call PRH at 613-732-2811 ex 6438 for Maternity.  
Tell them who you were trying to reach and why.  
They will help!

**1-855-539-3016**